



Crescent Express

Munster claim U-18 Schools Interpro title after 11 years!



The Munster Under 18 Schools won the Interprovincial title for the first time in 11 years on Saturday with a 19-10 win over Leinster. There were 5 Crescent college starters in the side : Calvin Nash, Bailey Faloon , Jack Lyons, Billy O'Hora and Glenn Dickenson. Crescent lead 19-0 helped by try by Billy O'Hora. It was by no means one-way traffic in that first half, however, with some excellent Munster defence keeping the visitors at bay. Leinster were reduced to 14 men on 51 minutes but got back in the game when winger Jordan Larmour touched down with scrum-half David Duggan also crossing to make it 19-10. Crucially, however, both conversions were missed which allowed Munster some vital breathing space and superb defence helped the hosts see out the game and claim the Interprovincial title. We would like to congratulate Calvin , Bailey, Jack , Billy and Glenn on their success.





AD MAJOREM DEI GLORIAM

Stephen Shanahan

Limerick was represented at the Cycling World Championships in Spain after the selection of 18-year-old Stephen Shanahan for Team Ireland.

Stephen from Limerick Cycling Club was picked for the Irish junior team to go to the event in Pontferrada on Saturday September 27th, becoming the first man from Limerick to represent his country at the championships since David Hourigan. Stephen Shanahan, who has been picked on provincial and national teams on many occasions in the last two years, was joined on the Irish junior team by Dylan O'Brien, Daire Feeley, Michael O'Loughin and team captain Eddie Dunbar. All of these young cyclists have performed at the highest level this year at the Junior Tour of Ireland and Junior Tour of Wales,



both of which were won by Dunbar, as well as the European Junior Championships in Switzerland and the Trofeo Karlsberg Nations Cup, all of which are esteemed prestigious road races. Stephen Shanahan had been hoping to make the cut given his previous experience, but he admitted that it was touch and go right up to the final decision at the start of September. He said: "I can't wait for it. I'm at the end of a long season now and it was my aim throughout the year to get onto the Irish team for the World Championships. "I was delighted to make the team because we have a really good crop of youngsters in Ireland and it was always going to be a tough decision for the coaches. "I had been hoping that my experience of being on Irish teams before would count in my favour. It was a Sunday night a couple of weeks ago when I got a call to say that I had made the team so I was really happy about that." Stephens Irish jersey is currently hanging in the central area as it is the first cycling jersey this school has been presented with. Below is an interview with Stephen Shanahan

By Ciara McCarthy

1. Why are you interested in cycling?

"I am interested in cycling because my father was interested in it and I watched him racing".

2. How often do you train?

"During peak season at least 5 times a week".

3. What age were you when you first became interested in cycling?

"11 years old".

4. Do you play any other sports?

"I used to play rugby before but I'm not playing any other sports at the moment".

5. Is there a certain level of fitness required for cycling?

"You need to be training at least 15-16 hours a week"

6. Do you have a certain diet for cycling?

No I just eat healthy food"



AD MAJOREM DEI GLORIAM

School show updates:

Rehearsals are well underway at the moment. The show will run on the 27th, 28th and 29th of November at 8p.m and tickets will be €10 and £5.

Transition year chorus are rehearsing every Monday from 9-11 and Friday from 10:20 – 11:55. Rehearsals continue on Wednesday after school from 2- 4 and act 1 is almost finished. Contact is being made with past pupils to play in the orchestra. There is an orchestra rehearsal on Saturday the 8th of November. We are all looking forward to the school show, Ms Lavery is 'dreaming about the school show every night in her dreams'

The stage crew are hard at work to make sure the stage is up and ready for the rehearsals. Ms Cafferkey is in charge of the decorating and the painting of the stage so she has many students from her art class at work.

By Ben McCarthy

Sound and Lighting

The sound and lighting crew attended a course in Mary I for preparation for the show. Students from 4th to 6th year went to Mary I's Lime Tree theatre on Thursday 2nd October for a tutorial in sound and lighting. The students were taught by professionals, the basics of lighting in stage

performances, like how many precautions must be taken in setting up and the types of equipment used, and will have another tutorial soon. The course was very helpful.



By Darragh O'Flanagan and Connor O'Brien

Bowen Shield Rugby

Two weeks ago week the Bowen Shield team had poor loss to CBC. The final score 26-0.

The team were hoping for way better last week when they played Ardscoil away in Coonagh. The match kicked off at 2:30. Crescent got a brilliant start with a try from Daniel Hurley followed by tries from John Blake and Kelvin Brosnan, all converted by Daniel Hurley. Ardscoil fought back with two penalties from Hugh Fenton but Crescent were too strong, the game finished 27-6.

Crescents next outing is against Castletroy which is on the 22nd in Castletroy.

By John Blake and Bryan Fitzgerald



Visit to St. Gabriels

On Wednesday the 29th of September, all of the transition year girls along with Ms O'Donoghue, Ms Delaney and Ms Cafferkey visited St. Gabriels School in Dooradoyle. All transition year girls will be taking part in the Ladies Mini Marathon on Sunday the 26th of October. The money raised will go towards St. Gabriel's hydro pool.

When the girls arrived at the St. Gabriels they were given a warm welcome by the staff of St. Gabriels. They were also given a tour of the school and centre by the principal, Mr. John Murphy, and a member of the staff. St Gabriels also provided some snacks for the girls after their tour. They hope everyone will support and sponsor them if you can because it's for a great cause. If you would like to register for the Ladies Mini Marathon go to www.ladiesminimarathon.ie/booking

By Aoibhe Murtagh and Ciara Lane



C.S.P.E Trip

Lewis class in 3rd year visited the zoo on 25th September as part of their 3rd year C.S.P.E action project. We arrived at the zoo at 10:30 and we had some free time to look around.

We attended a talk about animal conservation and threats to animal welfare.

We are planning on adopting an endangered animal with the money we raised in the bake sale.

For more information on endangered animals please visit www.dublinzoo.ie

By James Mullins



AD MAJOREM DEI GLORIAM

Ty News

Fast Friends

There are a number of fast friend's programmes running. It is a social programme where transition year students get to meet people their age with a disability. At the moment every Wednesday Ogilvie class work with a group from Lisnagry. They will be coming to the school for the year. When they are here they play lots of games in the sports hall such as uni- basketball. They also do art in the art room with Mrs. Cafferkey and bake in the Home Economics room with Mrs. Green. The students also chat with them and develop relationships.



By Ben and Kim

Shoe Box Appeal

The annual Christmas Shoebox Appeal for Team Hope will be held after midterm and shoeboxes will be collected every day at 11 o'clock break until the deadline of Friday, 7th of November. Shoeboxes can be made for either a boy or girl in the age groups of 2-4, 5-9, 10-14. The box must include €4 for shipping costs. Some items can be included in your shoebox are writing utensils (pen, pencil, copy book, paper, and colouring books) washing utensils (toothbrush, toothpaste, soap) or something small to wear (scarf, hat, and gloves) and a treat (toys, sunglasses, a game, a doll, sweets which must be in date until at least march 2015). Please remember **not** to include chocolate, war related toys, scary items and liquids. We hope you will donate as you can make someone's Christmas truly special. Arrupé Class





AD MAJOREM DEI GLORIAM

Ty News

TY Snapbacks and Beanies

There is a lot of hype about the new mini business TY SNAPBACKS AND BEANIES, if you want a slick cosy beanie or a nice snapback, we've got you covered. Like us on Facebook @ TY Snapbacks and Beanies, we've got the cheapest prices and the best quality around.



No Limbs, No Limits

At the start of October, the transition years went to see a documentary film called *no limbs no limits*.

Joanne O'Riordan is one of the seven living people born with the condition Tetra-amelia syndrome, meaning she has no limbs. She is from Millstreet, County Cork, Ireland.

she took the morning off school during her Junior Cert mock examinations and met the future Taoiseach as he campaigned in Millstreet before the 2011 general election. Their meeting was filmed for television, with Kenny vowing he would not reduce disability funding if elected. O'Riordan said, "I thought he was honest. He looked like someone who wasn't going to tell a lie." When he was elected, he cut disability funding and O'Riordan wrote a letter telling him off. Her public confrontation with Enda Kenny over his spending cuts to disability funding contributed to O'Riordan's rise to fame; the government later changed its mind.

An invitation to appear on The Late Late show followed. This brought her even further to public attention. The Irish Times described O'Riordan as "one of the guests on the show in recent years who has made the most impact on viewers".

In April 2012, O'Riordan spoke before the United Nations in New York City, Talking about the use of technology and challenging the audience to build a robot for her to use.

Her brother Stephen has made a film of her life, titled *No Limbs No Limits*.





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SMX Filming

I established SMX Filming at the end of 2012 and I aim to capture the buzz and talent in motocross around Ireland. I started filming mainly because I was unable to participate in motocross events as I was in Junior Cert year and also because no one else was filming motocross in the Republic of Ireland I wanted to promote motocross.



My latest videos are about the Moato Circus which is an off-road event and this year was in aid of the charity "Wings For Life" and took place in Doon MX, Moate, Co. Offaly and about the 2015 Honda CRF Test Day.



For further information go to the following :



SMXFilming



SMX Filming



@SMXFilming



@smxfilming



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Sports

U-16 and a half Hurling

The hurlers had the long drive to Clarecastle to face the mighty Ennistymon. Although comp were the red hot favourites Ennistymon put up a good battle in the first encounters by scoring 1-1. But the response from Comp was majestic with Brian Ryan sticking over frees from all over the pitch and Mikey Bateman was dominating with one brilliant point from play. Conor Flahive, Brian Barry, Conor Lynch and Karl Moloney were dominating Ennistymon's forwards and just on the verge of halftime Bryan Fitzgearld slotted a beautiful point on the half way line, over the shoulder, on the weak side, against the wind. At half time, Diarmuid Mullins tweaked the formation and opted to play a third midfielder, this proved to be vital. In the second half, comp were handed the clearest of goal chances when Mikey Bateman was all alone in front of goal, but he could only put it over the bar, this will go down as one of the greatest misses in comp history. Comp pushed on from there and finished the game 7 points the better.

By Sam Ross and Liam Harrington

City Cup Rugby - Crescent vs Glenstal

It was a wet soggy day for a match, especially for these two teams. Crescent got off to a shaky start but eventually scored a brilliant try through the centre off the goal post. They were still a bit nervous as the number 8 ran through the defence and scored a great try. We were finally starting to get back into the game but then the out half threw an interception pass that shortly became a try for Glenstal. Comp were getting pumped up at half time, with an inspirational speech from the coaches. Straight away from the kick off tommy o hora made a brilliant tackle, building up confidence for the team. With a brilliant hooker throw Jack Hennessey scored the final try of the day and peter king with a brilliant kick from the touch line brought the match to a tie.

By Cian Cuzack

Soccer Boots

For the teenage boy playing soccer these days , it seems essential that you need the newest boots. However, these boots can be extremely expensive and some parents don't have the money to pay for these boots on a regular basis. For example the newest boots out on the market these days the Nike Magistas and the Nike Superflys can cost up to 250 euro. In my opinion, its ridiculous money to be paying for a pair of boots that will be obsolete in about a months time. That's another problem, boots are being released so often that the newest boots today will be obsolete in a months time. This puts parents under even more pressure by their their children to have the newest boots on a regular basis. In my opinion it doesn't matter what kind of boots you have, provided you can play soccer , an example of this kind of thing would be the kids over in Brazil who , not only do they not have a pair of boots to play with they don't even have a soccer ball to play with in some cases. Yet some of the most amazing players come out of these third world countries. So before you head out onto the field with glowing luminous boots, make sure you can put in the performance to go with it.



By James Deery and Mark McDermott



AD MAJOREM DEI GLORIAM

Halloween



Events

Limerick's Gothic mansion Leamy House on Upper Hartstonge St, is to be turned into a walk-through horror maze, for Horror Mania Fest 2014, starting Friday 17, and Saturday 18 October, and running every evening from Friday October 24 through Sunday November 2, from 6-10pm. Situated in Limerick's Georgian Quarter, the haunted mansion is sure to make a fine home to the cast of eerie creatures that will terrorize the visitors for the duration of Horror Mania Fest 2014. Modern horror culture, both in film and literature, has its roots in Gothic literature, more so its subgenre of gothic horror, Horror Mania Fest a fitting event to take place during the City of Culture initiative 'Locating the Gothic', which aims to explore gothic locations throughout the city. Although the haunted house is only for ages 12 and up, the 'Locating the Gothic' festival will have events that cater to all ages

Toffee Apples



Ingredients

- Granny Smith apples
- 400g golden caster sugar
- 1 tsp vinegar
- 4 tbsp golden syrup

Method

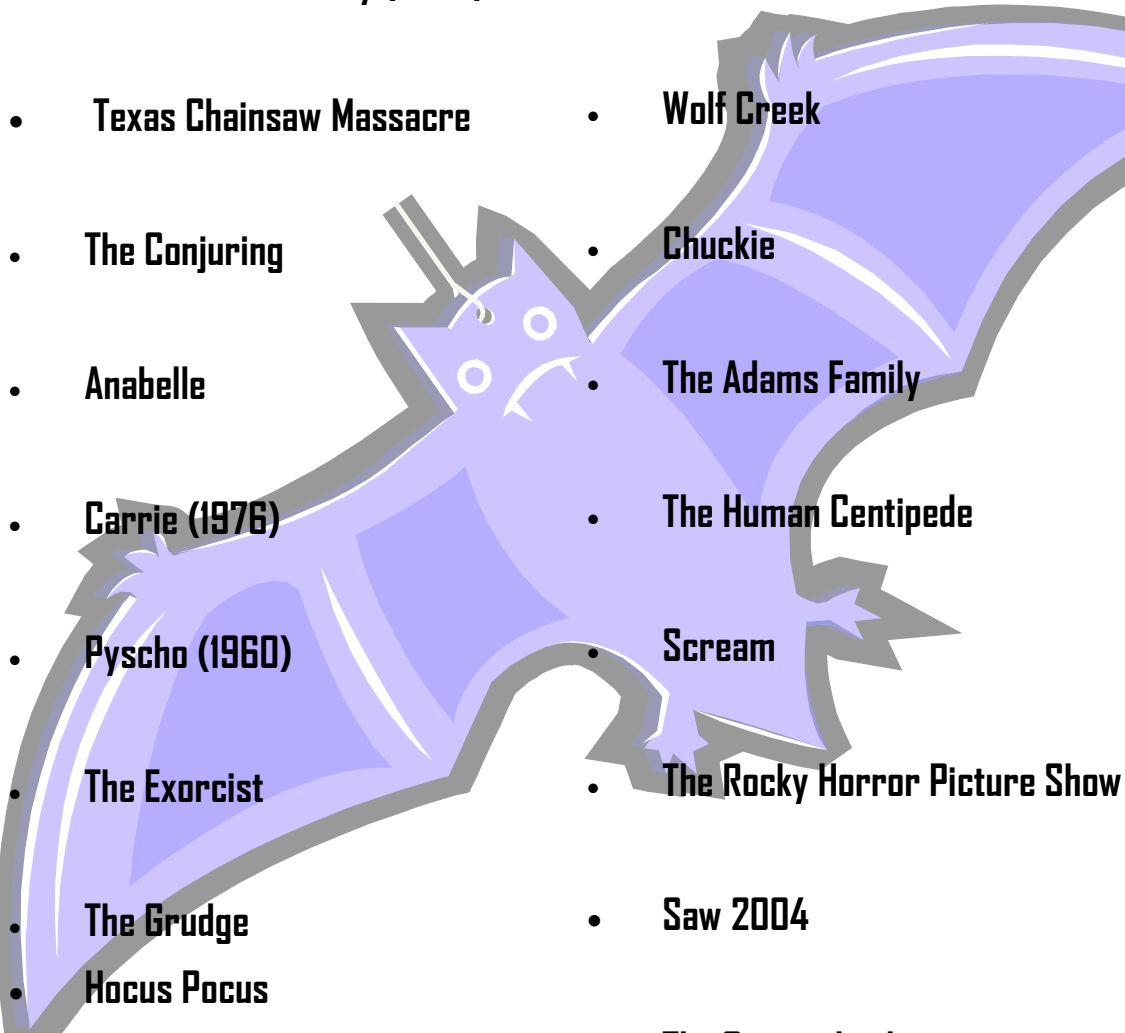
1. Place the apples in a large bowl, then cover with boiling water (you may have to do this in 2 batches). This will remove the waxy coating and help the caramel to stick. Dry thoroughly and twist off any stalks. Push a wooden skewer or lolly stick into the stalk end of each apple.
2. Lay out a sheet of baking parchment and place the apples on this, close to your stovetop. Tip the sugar into a pan along with 100ml water and set over a medium heat. Cook for 5 mins until the sugar dissolves, then stir in the vinegar and syrup. Set a sugar thermometer in the pan and boil to 140C or 'hard crack' stage. If you don't have a thermometer you can test the toffee by pouring a little into a bowl of cold water. It should harden instantly and, when removed, be brittle and easy to break. If you can still squish the toffee, continue to boil it.
3. Working quickly and carefully, dip and twist each apple in the hot toffee until covered, let any excess drip away, then place on the baking parchment to harden. You may have to heat the toffee a little if the temperature drops and it starts to feel thick and viscous. Leave the toffee to cool before eating. Can be made up to 2 days in advance, stored in a dry place



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Our Top Halloween movies



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- Paranormal Activity (2007)
 - Texas Chainsaw Massacre
 - The Conjuring
 - Anabelle
 - Carrie (1976)
 - Psycho (1960)
 - The Exorcist
 - The Grudge
 - Hocus Pocus
 - Ghostbusters (1984)
 - Wolf Creek
 - Chuckie
 - The Adams Family
 - The Human Centipede
 - Scream
 - The Rocky Horror Picture Show
 - Saw 2004
 - The Corpse bride
 - Mama
 - Insidious



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- John Blake
- Kimberly Chaila
- Margaret Culhane
- Kimberly Harrison
- Edwin Wixted
- James Deery
- Bryan Fitzgerald
- Cian Cusack
- Tracey Collopy
- Liam Harrington
- Sam Haugh
- Ciara Lane
- Aoibhin Maher
- Ben Mc Carthy
- Mark McDermott
- Aoibhe Murtagh
- Connor O'Brien
- Darragh O'Flanagan
- Sam Ross
- Sadhbh Shortt
- Sam Sorensen
- Sarah Wallace

Remember to send you articles, pictures, events, events coming up, games , outings etc. to the following website

crescenttynewspaper@gmail.com

Check out www.crescentsj.com and go to Transition Year \Rightarrow Crescent Express to see the newsletter in colour.

Happy Halloween!

