



AD MAJOREM DEI GLORIAM

CAMPUS VIVAX (MILITARY COLLEGE)



### TRANSITION YEAR COOKERY COURSE

This is a hands on interactive cookery course run by Margaret Moloney .I am a fully qualified chef and currently run my own catering business .It is my opinion that cooking is a life long skill and it is important for our children to learn how to cook for themselves. The course is designed to introduce the children to cooking food with confidence that they have chosen themselves in a friendly environment. The course runs for six weeks with six children in each course. Each child chooses a starter, main course and dessert that they would like to learn how to cook. We will make one students menu each week and they will all sit down and enjoy the meal. It gives hem a chance to see and taste food that they may not be familiar with. It is more beneficial if they choose dishes that their families will also enjoy as this will encourage them to cook these dishes again at home.

For more information about the course and to see the dishes that the students have made to date please visit our Facebook page mm catering transition year cookery course.

The course will start again in September for the transition years, each group of six students will come one day a week for six weeks.

If you require any further information please call me on 087 6658095.

MM Catering - Transition Year Cookery Course  
is on Facebook.



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## Equestrian Trip to Trabolgan

To mark the end of another successful year of horse-riding in the school the CCC Equestrian Club and CCC Jockeys came together to organise a fun day trip on 8<sup>th</sup> May. We planned to go to Trabolgan activity centre in Midleton, Co Cork and to the Mallow Races on the way home.

It was an early start with the bus set to leave at 8.15 but everyone managed to make it. The bus journey down was loud and a bit anxious as we looked out the window at the teeming rain. Most of the activities planned were to be outside and there wasn't a rain jacket in sight. When we arrived the first activity of the day was thankfully inside and something we hadn't tried before – Body Zorbing. It was really good fun being kicked around safely but it was SO hot inside those balls.

We switched from Go-karting to Rock Climbing due to ongoing rain. We raced in pairs up the rock wall and competitive spirits came out. Alan and Dale provided comic entertainment for the group during this activity. 'The sky is pink...'

We had a delicious hot lunch in the centre before heading out for the zip wire. It had dried up nicely which made this even more fun. After a nerve-racking climb up 8 flights of steps to reach the top of the tower it took a lot of courage to push ourselves off the edge but we each got there and thoroughly enjoyed it in the end.



water-walking





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## Equestrian Trip to Trabolgan continued

At this stage we had received a 'phone call to say that the Races had been called off due to weather. Luckily Trabolgan kindly offered us an extra activity instead. We got to try water-walking which proved to be really great fun. This involved us being like human hamsters inside plastic balls filled with air which allowed us to travel around a pool and experience a little of what it might be like to be a God!

Our last activity was Archery in which Kayleigh Maher put the rest of us to shame. Another highlight of the day was the discovery of two baby crabs and a fish which were brought up from the beach in a plastic bottle to be examined – don't ask what happened next L. We headed home tired but happy. The home journey was full of stories of romance between students (!!??) and efforts to compose a rap about the day!



**Thanks to Kayleigh and Anne for all their hard work through the year!!!!!!**

Enjoying their time at Trabolgan



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## School's Final Assembly

On Friday the 15<sup>th</sup> of May the school had final assembly for the year. As in now the custom, the 6<sup>th</sup> year students took the place of the first years, just as they had taken the same place five years ago. It was a very special assembly not just as it would be the last for the group of sixth years about to fly the nest but also because it was the official announcement of our new principal Mrs Karin Fleming.



The assembly was introduced by Hugh Fitzgibbon and Croiadh Monaghan and began as usual with a prayer given by the two vice captains Sinead O Loughlan and Evan Moloney.

Fr. Jim Maher spoke on behalf of the trustees and the Jesuits and then announced officially that Crescent had a new principal Mrs. Fleming and that how she also had the special honour of being the first woman to hold this position in Crescent. To a rapturous round of applause. Karin took

her place at the podium and said among other things how delighted she was to accept the honour of being made principal.

Michelle Barrett presented a framed scroll to the school which the All Ireland Kate Russell champions had recently received at a civic reception in Limerick county council offices from the Mayor of Limerick Mr. Michael Sheehan and Jack Lyons presented his recent under 18s international Irish rugby jersey to the school.





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## School's Final Assembly



Hugh kept us entertained with his usual witticisms (which we are all going to miss) and Croiadh kept proceeding moving along nicely, it will be difficult to replace this double act! What a lovely couple! The 6th years presented a large tree to Karin Fleming to be planted in the school grounds in their memory and they also presented a photograph of their year to the year head Dermot Cowhey in case he would forget them.

Hugh spoke about how the tree was a good symbol for the 6th year group, in that they had arrived in the school 6 years ago and had “put down their roots” and now how they had “matured” and “blossomed” over the years. The assembly came to close with the 6th year group taking their place in front of the trophy cabinet for a group song and in the end a bag of balloons were released on the group to mark the occasion to a rousing applause.

We say goodbye to the 6th year group of 2015 and wish them every success in their upcoming exams and in the future.

**We would like to thank Croiadh and Hugh for representing the school this year and for always being available, kind, smiling and generous with their time. Thanks also to Sinead and Evan for all their work they put in throughout the year. We will miss ye all!!!**





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## A Prayer for the Exams

### Exam Prayer



**Lord, Calm our fears at exam time.  
Let the work we have done stand to us on the day  
Do not allow what remains undone to undermine our courage.  
Help us to make the best of our knowledge  
You have a loving plan for our lives  
And whatever the outcome  
Exams are part of this plan.  
Help us to see beyond exam time  
And relish the opportunity to enjoy a refreshing break in the months ahead  
WE make this prayer through Christ our Lord  
Amen**

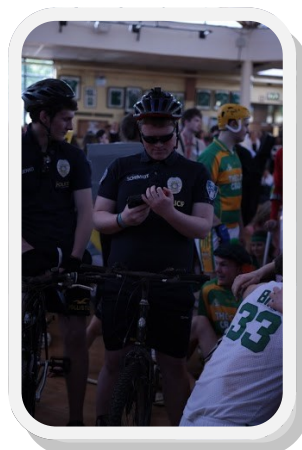




More Pictures from Colours Day 2015

Thanks to everybody who contributed to this newsletter, with articles and pictures for this and other publications

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Hugh Fitzgibbon 2015 Colour's Day Winner on the right!!



Sean you were supposed to dress up for the day!



This man is in charge of kids??

Colours day 2015 raised €1295 for Alzheimer's society and Parkinson's association.

