



The Crescent Express



Hopkins TY Production

Mixed fortunes for Crescent's Rugby teams

It was a mixed day last Wednesday 23rd for the Crescent McCarthy Cup and Bowen shield rugby teams. The McCarthy Cup team narrowly missed out on a place in the final in an eagerly contested game with Rockwell which finished 11-10 to the Tipperary school. Anson Thai scored a try converted by Cian Clifford and Clifford added a further penalty. Crescent pushed for a further score but were denied by a strong Rockwell defence.

The Bowen Shield had a better day and booked their place in the final after a tough game against CBC of Cork. The match was 3-0 in favour of the Cork side at half time and Crescent looked like they were in for a tough day. In the second half however Crescent fought back and after tries from Greg O'Shea, Jack Hogan and Gearoid Lyons the match finished 15-3 to Crescent.

The win came at a cost though as Crescent have a few injury problems ahead of the final. They will face either PBC or Rockwell in the decider next Wednesday .

By JJ O'Neil & Alan Crean



Sausage Roll Situation!

Day in, day out there is a frantic race at the 11 o' clock break in Crescent, for the prized and valuable sausage rolls sold in the schools' canteen. Each day brings both joy and disappointment to the faces of the Crescent students as the quantity of sausage rolls never seems to fulfill the students' daily needs! The students prepare themselves for the daily race just after their 3rd class hoping to get their reward.

A bag of two sausage rolls, costing €1 each are a popular choice here at Crescent. I must admit they are very tasty and I think they are the most sought after product in the school canteen. The student's council receive a variety of complaints about the quantity of sausage rolls everyday and I believe the school will have to increase the quantity in order to satisfy the demanding students needs, and their safety for that matter!

by Jack Hogan



First Year Lunch Activities

Soccer

The first year lunch time activities got under way last Tuesday the 15th of November. 4 teams are on 3 points these include Campion A and B, Castillo A and B. The goal of the tournament came from Brian Ryan who made a solo run down the right hand side. From what we thought was an impossible angle took a shot and scored against an on form goalkeeper. The activities have been a great success so far and have created much enthusiasm amongst the 1st year students with great turn outs from both boys and girls.

By Bryan Feeney & Ciaran Heageny



First Year Retreats

This coming Wednesday, there will be a retreat for first years. These retreats will take place in the school library, which will be led by Gráinne Delaney, the School Chaplain. In first year, the theme of the retreat is friendship. The students will speak about the school under a number of different headings and Gráinne will educate and encourage the students in their dealings and study with each other. They will get to know the

people in their class more than they do now, which may in turn change their perception of others or themselves.

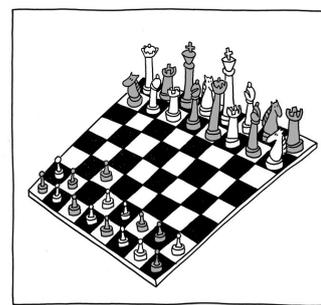
As for the fourth year retreats, all classes with the exception of Hopkins, have been on the retreat so far. The retreat takes place in MIR Retreat Centre in Mallow, Co Cork. The retreat house is a purpose built retreat house and the day is facilitated by both, a psychologist, theologian and an experienced retreat facilitator and counsellor, Declan Browne. The aim is to create a

Chess

Each day during the first year lunch, a few of us transition years volunteered to occupy the first years during their lunch break. At the start of lunch we bring games such as chess, cards and draughts over to the social area above the PE hall. The first years spend the first fifteen minutes of their break having their lunch while we set up and then they come over and start to play the games.

Everybody participates well and it brings out a competitive side in each of the students. Anybody not playing one of the games is usually watching one of them happening and cheering them on.

We offer some advice to the players and sometimes even play ourselves. It is great fun and everyone enjoys themselves! We think it is a good programme because people not interested in sport have an alternative option. We would like to thank Maureen O' Brien and Gemma O'Donoghue for supplying the games, setting up the activities and for allowing us to help out with this



friendly and relaxed atmosphere where young people can find space to be themselves. The aim of the fourth year retreat is to focus on three core themes: Our relationship with ourselves; Our relationship with others; Our relationship with God. All in all the retreat is said to be really worthwhile and the students really liked the experience. Here are some quotes from the students about the day; "I learned how to relax more and open up more." "I thought about my sister and how hard life must be for her."

"The retreat was really good and it helped to make friends with people I didn't really know that well." "Today was amazing. I can really go after my goals now." "Today was an overall reflective day. I loved the meditation and thinking about God."

By Clíodhna Horan, Isabelle O' Meara and Muireann Connelly

ECO Pledge

Last Saturday the 21st of November transition years assembled at the Drmston house to spread the word about the eco pledge. The eco pledge is where you can go online and submit a pledge that you will do something to help the environment e.g. use tap water instead of buying bottles in shops.

It is a great thing to be a part of and the people that are organising it can tell that a lot of Limerick citizens were supportive of the event.

They had a great turn out on Saturday as over 60 transition years turned up and were all over Limerick city explaining to people what the eco pledge was all about. It was a great day and we all thoroughly enjoyed taking part in such a successful event.

By Courtney Ryan & Jennie O'Malley



Kilimanjaro Climb for Console

In June of this year 8 students, 7 from Crescent College, will be climbing mount Kilimanjaro in Tanzania, Africa for Console, a suicide prevention and awareness charity. We chose Console as we felt that it was not a very well known charity and there is not many fundraisers going on for it and also it was a very personal charity to a lot of people. We are currently organising fundraisers and looking for sponsorship for Console.



We are also training by hiking most weekends. On top of this a valuable part of our training program is our food plan. We each got our bloods taken and are now eating appropriate foods to improve the components of our bloods. Our hike up will take 6 and a half days up and one and a half days down. We chose this route as this will give us the best chance of reaching the summit without altitude sickness which is a common danger while climbing Kilimanjaro.

We are being taken up by a well experienced climber of Kilimanjaro and also at the moment he holds the record for climbing the seven highest peaks in the world, Ian McKeever. We will be holding a bake sale at the school show all four nights and taking donations and also selling Console wristbands, any support would be greatly appreciated by all!

By Cathal Mc Hugh

Crescent Students Reach for Success

Another year and another group of Transition Year students ready to try their hand at new, exciting possibilities here at Crescent. Perhaps one of the pupils' most anticipated undertakings is the Mini-Business project. With this year having more students than ever before, the overall results are expected to be better than ever.

Over 15,000 pupils per annum all over Ireland take part in the Student Enterprise Award Programme. Students are urged to participate as this can be very beneficial towards their futures in the real world. Pupils get the chance to learn what it is like to become their own boss as well as discover how to turn their own hobby or talent into a money making franchise.

The good news doesn't stop there. Not only can students earn a profit doing something they love but they can have a chance to make it to the national finals and be in with an opportunity to win first place. The grand prize includes €1,500 for the school of the winning students, an all-expenses paid trip to Italy for the champions worth €10,000 and All4One vouchers which can be used in various retail stores throughout Ireland.

Many students are eager to show their potential throughout the upcoming weeks and many businesses have already begun to flourish. One prime example is NOS Enterprises which plans to sell handheld pocket-sized portable phone and iPod chargers for a startling low price in the upcoming weeks. For more information on this product and many more, contact Philip Spillane or Rory Noone, two of Crescent's most successful entrepreneurs to date.

Be sure to follow the Crescent Express in the coming weeks to stay in touch with the progression in what should be an immaculate campaign.

<http://www.evlad.com>

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By Mark O'Toole



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Crescent Green Team Success!

Fielders have continued the great work of the Green Team this week. The Green team is a Transition Year project to keep the school clean and encourage students not to drop litter on the school grounds.

All Transition Year classes have now participated in the project. However, due to Hopkins

taking their eye off the ball last week the standards dropped, but Fielders have put that right this week. Each student is assigned a designated area of the school to keep free of litter for their particular week. We would like to congratulate Fielders for their efforts as the school has been noticeably tidier in recent

days and we hope that all of the other classes continue to follow in Fielders' footsteps.

By Stephen Sheehan and John McManus

Crescent vs Rockwell Junior Cup

Crescent started off the match strongly making great ground all the way into Rockwell's 22. With Jack Harrington controlling the game very well, Shane Eades slipped through the defence and got very close to scoring. Crescent made a few handling errors and could not maintain possession. With ten minutes left in the first half they really turned it on, sending Gary O'Sullivan over the line for two tries. Rockwell replied scoring a penalty of their own.

The second half opened with Rockwell scoring a try, but Crescent responded scoring a penalty to maintain the lead. Caolan Moloney battled over the line, but Rockwell managed to hold the ball up. The final ten minutes came to a dogfight, with both teams battling for a score. In the end, Crescent managed to weather the storm and held out for a win.

By Philip Spillane and Adam Coleman

Senior Rugby Cup Action

The Senior Rugby season is truly up and running and the players are looking in great shape after a tough pre-season which included a trip away over night. They have played some really exciting and tight games against some of Munster's top schools including narrow wins over both Christians Brothers College from Cork and St. Munchins College here in Limerick. Both games were played on our Senior Pitch here in school which is

in wonderful condition despite the weather and a lot of credit is due to the ground staff.

Last Saturday the senior rugby team played Ampleforth College, North Yorkshire, York, England, here in Crescent and what a match it was. Crescent started the brighter of the two teams and took a three try lead, one of which was a brilliant individual effort by wing James Frawley. Ampleforth however were not quite beaten yet and struck back

shortly before half time to cause some unsettlement within the Crescent team and scored two more tries as soon as the second half kicked off, Crescent however showed great character, commitment and composure to regain control of the game and eventually win fairly comfortably. The match was played in good spirit and was a good flowing game of rugby with some brilliant back play, which was a credit to both sides.

I think we could have some exciting times ahead of us with this senior team and personally I am looking forward to both the Senior and Junior Cups beginning in February.

Got a story for

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Express?

E-mail:
crescentnynewsp
aper@gmail.com

Edited by:

Lauren Cassidy
Niamh Cronin
Lisa Kearney
Gillian O'Donnell

Produced by:

Luke Rohan
Michael McGann
Robbie Scott
Cormac Blake
Áine Leahy

Written by:

Hopkins TY 2011

Journalists:

A. Coleman K. Hanley S. Leamy
M. Connolly C. Heagney R. Maher
A. Crean J. Hogan C. McHugh
B. Feeney C. Horan J. McManus

A. McNamara
R. Noone
J. O'Malley
I. O'mara

J.J. O'Neill
A. O'Sullivan
M. O'Toole

C. Ryan
S. Sheehan
P. Spillane