

CANTEEN MENU FOR WEEK 3

<u>Week 3</u>	<u>Breakfast</u>	<u>Lunch</u>
Monday	Sausage & Roll ----- Ham & Cheese Panini	Roast Loin of Bacon & Honey Mustard ----- Tomato & Basil Pasta Bake served with a Garlic Slice
Tuesday	Ham & Cheese Croissant ----- Bagel with Chicken & Cheese	Beef & Veg Casserole ----- Tomato & Basil Pasta Bake served with a Garlic Slice
Wednesday	B.B.Q Chicken in a Wholemeal Baguette ----- Pizza Slice	
Thursday	Warm Chicken & Stuffing Wrap ----- Ham & Cheese Panini	Cajun & Herb Pan fried Pork Chops ----- Tomato & Basil Pasta Bake served with a Garlic Slice
Friday	Homemade Goujons in a wholemeal Baguette ----- Scrambled egg & Toast	Diced Breast of Chicken Curry & Rice ----- Chips & Curry Sauce

Special Everyday buy main course + bottle of water €4.50

Mash, Veg & Gravy available everyday for €3.00

Potatoes & Veg available with all main courses

Subject To Change