

Adult Education Programme

Crescent College Comprehensive S.J.

Dooradoyle, Limerick, V94 W6W8

Tel: 061-302354

Email: adulthood@crecentsj.com

Website: www.crescentsj.com/adult-education/



Night Classes Autumn 2021

Term commence 4th October 2021

Please book early to avoid class cancellation

HOW TO ENROL:

Online: www.crescentsj.com/adult-education/

By Post: Cheques made payable to: 'Crescent on-going Education'

Enrolment can only be made ONLINE or by POST. We cannot facilitate in person enrolments.

Online enrolment:
Use **Easy Payments**
button on bottom right
of main screen.



Principal: Mr Diarmuid Mullins

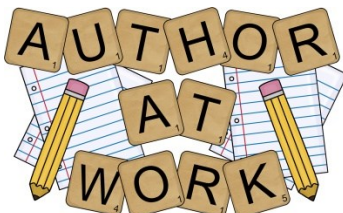



Deputy Principals: Ms Sinead Mulcahy & Mr Hugh Flavin






Director of Adult Education: Ms Catherine Scannell







Find us on Facebook: Crescent College Comprehensive Adult Education

MONDAY CLASSES (START 04TH OCTOBER)

M1.	CREATIVE WRITING	€120	<p>7:00-8.50pm; 8 weeks; Tutor: Ben Kesp</p>	<p>An introductory programme for aspiring writers who wish to develop skills, confidence and creativity in fiction, poetry or memoir writing through guided group and individual work.</p>
				
M2.	FLOWER ARRANGING	€120	<p>7.00-8.50pm; 8 weeks; Tutor: Nuala Gaffney</p>	<p>Learn the skills of flower arranging in a relaxing atmosphere. You must bring your own flowers so that you can leave each night with a beautiful flower arrangement. Details of materials required will be advised before each class.</p>
				
M3.	FRENCH (BEGINNERS)	€100	<p>7.00-8.30pm; 8 weeks; Tutor: Nelly Fouchet</p>	<p>This course in spoken French, given by a native speaker, will give you a good grounding in the basics and enable visitors to France to communicate more effectively.</p>
				
M4.	GUITAR (BEGINNERS)	€90	<p>7.00-8:00pm; 8 weeks; Tutor: Jason Mitchell</p>	<p>This course is suitable for individuals who have no knowledge of playing the guitar and who wish to play simple tunes.</p>
				

<p>M5.</p>	<p>GUITAR (CONTINUATION)</p> <p style="text-align: right;">€90</p> 	<p>8.00-09:00pm; 8 weeks; Tutor: Jason Mitchell</p>	<p>This course is targeted at those who wish to develop their skills to a more advanced level.</p>
<p>M6.</p>	<p>IRISH LANGUAGE & CULTURE</p> <p style="text-align: right;">€90</p> 	<p>6.30pm-7.30pm; 8 weeks Tutor: Paul Murray</p>	<p>Is féidir linn! Learn to speak Irish confidently in a welcoming and relaxed setting while also exploring some aspects of Irish culture. Tá fáilte roimh chách.</p>
<p>M7.</p>	<p>MAKE-UP COURSE (SELF-APPLICATION)</p> <p style="text-align: right;">€120</p> 	<p>7:00-8.50pm; 8 weeks; Tutor: Emma Sheehan</p>	<p>Learn to perfect <u>your own make-up</u> look from start to finish. Topics covered include skincare, lashes and every day make-up. Bring your own make-up bag and mirror to use in class.</p>
<p>M8.</p>	<p>SEWING (BEGINNERS)</p> <p style="text-align: right;">€120</p> 	<p>7.00-8.50pm; 8 weeks; Tutor: Mary Meskell</p>	<p>Learn to use your sewing machine, make small items and learn useful sewing techniques. You'll need to provide your own sewing machine, scissors, cotton fabric and sewing thread. Maximum 12 places.</p>
<p>M9.</p>	<p>SPANISH (BEGINNERS)</p> <p style="text-align: right;">€100</p> 	<p>7.00-8.30pm; 8 weeks; Tutor: Emi Espinosa</p>	<p>Spanish course based on oral and written communication with lots of opportunity to practice for holidays or work. This course is suitable for complete beginners or those with a very elementary knowledge of Spanish.</p>

M10.	UKULELE (BEGINNERS) 	€90 7.00pm-8.00pm 8 Weeks; Tutor: <i>Julianne Hennelly</i>	Learn how to play ukulele in a step by step method based on songs you want to play. The session is easy going, creative, fun and social.
M11.	WOODWORK/JOINERY 	€120 7.00-8.50pm; 8 weeks; Tutor: <i>TBC</i>	Hand craft a solid wood piece of furniture using traditional jointing skills and finishing techniques such as oils. No prior knowledge or skillset is required to produce a project. <u>Materials not included</u>
M12.	YOGA FOR ALL 	€100 6.15-7.30pm; 8 weeks; Tutor: <i>Triona Butler</i> Please bring your own mat	Each class consists of breathing techniques (pranayama), physical postures (asana) and a deep relaxation (yoga nidra). This course is suitable for complete beginners and for those who enjoy a gentle class. Triona is a Satyananda teacher. Satyananda yoga teachers are trained to the highest standard with over 500 training hours and with regular in-service training and assessment. The teaching diploma is recognised by Yoga Federation Ireland (YFI), Bihar School of Yoga (Satyananda Yoga) and the British Wheel of Yoga (BWY). These qualifications are approved and recognised worldwide.
M13.	ZUMBA 	€80 7.00-8.00pm; 8 weeks; Tutor: <i>Jillian Furlong</i>	Zumba takes the “work” out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you’ll see why Zumba classes are often called exercise in disguise!

Due to Covid-19 we are only able to offer a limited amount of courses this term. The following list of popular courses will resume in Spring 2022

Bridge	Calligraphy	Cookery	Dancing	Dog Grooming
English as a Foreign Language	Mindfulness/Life Coaching	Painting/Art	Tin Whistle	Woodcarving

GENERAL INFORMATION

- Class numbers are limited to ensure a high standard of tuition and student safety.
- Students must follow Covid-19 protocols.
- Students must bring their own equipment and materials to class.
- All class times include a scheduled cleaning time of ten minutes.
- In the event of a lockdown some classes may go online.
- Classes that cannot proceed online may have to be cancelled.
- Minimum numbers are required to form all classes.
- Once enrolled arrive for class as advertised, we only contact you if classes are cancelled.
- No class on Bank Holidays.
- Fees are payable in full on enrolment.
- **Fees are non-refundable except when classes do not form.**
- Crescent College Comprehensive SJ does not accept responsibility for property damaged or mislaid on the premises.
- The minimum age for courses is 16 years.
- When signing up to classes please indicate if you wish your details to be added to our database.
- We will only use your details to contact you about courses.
- You may unsubscribe from our database anytime by inform us in writing.
- Smoking is not permitted on school premises and grounds surrounding it.
- Limited free parking on site.
- E&OE

FACILITY HIRE

We have an extensive range of facilities available for rental, including: Classrooms, Computer Rooms, Sports facilities. For details contact: Ms Catherine Scannell at 061-302354 or email

adulted@crecentsj.com

Term Dates (week beginning)

Week 1: 04 Oct Week 5: 08 Nov

Week 2: 11 Oct Week 6: 15 Nov

Week 3: 18 Oct Week 7: 22 Nov

Week 4: 01 Nov Week 8: 29 Nov

Note: No class on 25th October due to bank holiday.

Classes missed due to unforeseen circumstances may be added on at the end of term where practical.

ENROLMENT:

ONLINE:

Go to: www.crescentsj.com/adult-education/ and

CLICK ON LINK: [Adult Education Easy Payment](#)

You will need to "Log In" with your existing details or "Register" if you do not have an account.

**ENROLMENT:
BY POST:**

ENROLMENT FORM (NOT REQUIRED FOR ONLINE ENROLMENT)

Complete and return with fee (PAYMENT BY CHEQUE ONLY (NO CASH) MADE PAYABLE TO 'Crescent on-going Education') to:

Adult Education Programme, Crescent College Comprehensive SJ, Dooradoyle, Limerick, V94 W6W8.

Name: _____

Address: _____

Mobile/Telephone Number: _____

Email address: . _____

Course(s) applied for (including course code)

Course 1: _____ Code: _____

Course 2: _____ Code: _____

Fee enclosed: € _____

Please tick(✓) if you wish to be added to our database

Yes

No