



NIGHT CLASSES

Crescent College Comprehensive SJ

Dooradoyle, Limerick. V94 W6W8

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School Principal:

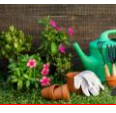
Director of Adult Education:

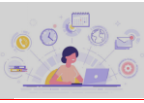
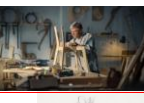
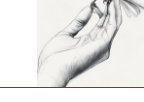
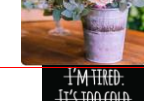
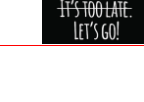
Website: www.crescentsj.com

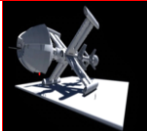
Diarmuid Mullins

Cliona Gleeson

SPRING 2026 PROGRAMME

Code	Course Details	Course Name	Start Date	Day	Cost	Time	Course Length	Course description
M1		Sewing Beginners A	January 19th	Monday	€140	6:00-8:00pm	10 weeks	Learn to use your sewing machine to make small items and learn useful sewing techniques You will need to provide your own sewing machine scissors and sewing thread.
M2		Sewing Beginners B	January 19th	Monday	€140	8-10:00pm	10 weeks	Learn to use your sewing machine to make small items and learn useful sewing techniques You will need to provide your own sewing machine scissors and sewing thread.
M3		MINDFULNESS	January 19th	Monday	€120	6:30-8:30pm	8 weeks	Becoming you: An 8 week journey to empower within. A personal development and meditation course to reconnect with your inner calm confident self. This 8 week personal development course is designed to support emotional well-being build self awareness and help participants reconnect with inner strength Each week explores a different theme. The sessions include gentle discussions, practical tools and guided meditation to help calm and empower you.
M4		AI - Artificial Intelligence	January 19th	Monday	€120	6:30-8:00pm	8 weeks	Learn practical AI(Artificial Intelligence) skills to save time at home, work or college. You'll use AI tools to draft, plan, design and research easier and faster. No technical background or prior experience is required Everything will be shown step-by-step from absolute beginner level. Leave with confidence to apply AI tools on your own to improve everyday tasks.
M5		BAKING AND COOKERY COURSE	January 19th	Monday	€120	7:00-9:00pm	8 weeks	Whip up your inner chef/baker in this lively 8 week baking and cookery course! Learn to master everything from flaky pastries, homemade bread and cakes to comforting main dishes and vibrant desserts. Each weeks brings hands-on sessions, simple techniques and plenty of tastings. Perfect for anyone who loves good food, good company and the joy of making something delicious from scratch No previous experience necessary to participate in this course. All recipes and ingredients lists will be
T1		GUITAR (BEGINNERS))	January 20th	Tuesday	€120	6:15-7:45pm	8 weeks	This course is suitable for individuals who have no knowledge or a basic knowledge of playing the guitar and who simply wish to play simple tunes.
T2		UKULELE (BEGINNERS)	January 20th	Tuesday	€90	8:00-9:00pm	8 weeks	Learn how to play the ukulele in a step-by-step method based on songs you want to play. The session is easygoing creative, fun and social.
T3		YOGA CONTINUATION	January 20th	Tuesday	€100	6:15-7:30pm	8 weeks	This class is aimed at people who have completed a beginners yoga course. Triona is a Satyananda teacher who has been trained to the highest standard over 500 training hours. Her teaching diploma is recognised by Yoga Federation Ireland, Bihar School of Yoga, and the British Wheel of Yoga. The qualifications are approved and recognised worldwide
T4		GARDENING (BEGINNERS)	January 20th	Tuesday	€130	6:30-8:30pm	8 weeks	Learn the secret to successful gardening. See how to grow fruit and vegetables in your garden all year round. The most common gardening mistakes will be explained and solutions given. An introduction to basic landscape design techniques will also be covered. All resources are supplied for this course
T5		WOODCARVING	January 20th	Tuesday	€120	6:30-8:30pm	8 weeks	Develop the basic skills of woodcarving and tool care in a relaxed and fun atmosphere. Tools can be provided

T6		BRIDGE (BEGINNERS)	January 20th	Tuesday	€140	6:30-8:30pm	10 weeks	An introduction to the wonderful world of bridge through play and demonstration
T7		PRESENT WITH CONFIDENCE GOOGLE/ POWERPOINT	January 20th	Tuesday	€120	6:30-8:30pm	8 weeks	Beginner course on Google slides/ PowerPoint and presentation skills. Learn how to make eye catching slides and deliver engaging presentations with ease. Whether for work, college, or community projects you'll gain practical digital skills and presentation confidence. Create, collaborate and learn to present like a pro! Spaces are limited so sign up today and get tech savvy with us.
T8		DIGITAL PHOTOGRAPHY	January 20th	Tuesday	€120	6:30-8:30pm	8 weeks	An introduction to digital photography, suitable for those who have no previous knowledge of photography. The course will cover camera exposure settings applicable to any brand of digital camera(DSLR or mirrorless. It is advised that individuals should bring their own cameras.
T9		WOODWORK BEGINNERS	January 20th	Tuesday	€140	6:30-8:30pm	10 weeks	Handcraft a solid wood piece of furniture using traditional jointing skills and finishing techniques such as oils. No prior knowledge or skill set is required to produce a project. Materials are included
T10		PAINTING CLASS	January 20th	Tuesday	€140	7:00-9:00pm	10 weeks	This introduction to acrylic painting will cover technique, including mixing, layering and glazing. Subjects will include still life, portraits and landscape. We will touch on concepts like composition and narrative. Emphasis on Fun!
T11		MILLINERY	January 20th	Tuesday	€185	6:30-7:30pm	8 weeks	Millinery course will comprise of designing two headpieces during the course while learning many techniques along the way with demonstrations on how to manipulate sinamay into different shapes to make your own unique headpiece...competition at the end for best hat for hamper. Materials included
T12		TAXATION	January 27th	Tuesday	€120	6:30-8:30pm	8 weeks	A beginners guide to taxation. You will learn the basics of taxation, the key tax types, the difference between personal and business tax, filing and deadlines , allowances and reliefs, Revenue Online Service (ROS) and international aspects. Interactive lectures and real world examples Practical exercises Access to downloadable Revenue guidance resources .
T13		CHINESE	January 20th	Tuesday	€120	6:30-8:30pm	8 weeks	Discover the Language and Culture of China! Join this fun and interactive class to learn everyday Mandarin - greetings numbers, simple conversations and Chinese characters. You'll also explore fascinating aspects of Chinese culture such as calligraphy tea festivals and traditions. No prior knowledge required
T14		SPANISH BEGINNERS	January 20th	Tuesday	€100	6:15-7:15pm	10 weeks	Spanish class based on Oral and Written communication with lots of opportunity to practice for holidays or work. This course is suitable for complete beginners or those with a very elementary knowledge of Spanish
T15		SPANISH CONTINUATION	January 20th	Tuesday	€100	7:30-8:30pm	10 weeks	This course is suitable for individuals who have completed a beginners course or who have studied Spanish in the past but are a little rusty
T16		FLOWER ARRANGING	January 20th	Tuesday	€220	6:30-8:30pm	8 weeks	Learn the skills of flower arranging in a relaxing atmosphere. Materials for class are supplied
Th1		BEGINNERS & IMPROVERS FITNESS	January 22nd	Thursday	€90	6:00-7:00pm	10 weeks	Do you want to feel stronger move more easily and boost your overall well-being. This friendly one hour class is perfect if you are new to exercising or looking to get back into it. We will use a mix of cardio, strength and mobility exercises - all with a gentle start and the ability to move at your own pace. With equipment provided, a welcoming environment improve your fitness and enjoy the process along the way.

Th2		KNITTING	January 22nd	Thursday	€120	6:30-8:30pm	8 weeks	Have you always wanted to learn to knit? Or maybe you used to knit but it has been a while since you last picked up your needles? Join this class to learn all of the basics in a relaxed and helpful atmosphere
Th3		COMPUTER AIDED DESIGN (3D-PRINTING)	January 22nd	Thursday	€120	6:30-8:30pm	8 weeks	Introduction to Computer Aided Design (CAD) . In these 120 minute sessions you will be introduced to the fundamentals of CAD. Throughly the course you will learn the basics in navigating CAD software, creating 2D drawings and building 3D models. This class is the first step in a project where you will gradually apply what you have learned to create a fully realised CAD model, and will provide a solid foundation for ongoing learning of
Th4		SELF-DEFENCE/MMA	January 22nd	Thursday	€130	7:00-8:30pm	10 weeks	This 10 week course is designed to teach individuals of all levels how to protect themselves in a variety of situation. You will learn basic self defence techniques and become more comfortable practicing these each week. You will learn both physical and mental tools to aid you in all aspects of life.
Th5		DRESSMAKING	January 22nd	Thursday	€120	6:00-8:00pm	8 weeks	Learn how to cut and sew from a pattern to complete a finished garment. Required: sewing machine and ability to use your sewing machine Material required for the garment will be advised at the commencement of the course
Th 6		ROMAN BLIND WORKSHOP	January 22nd	Thursday	€120	8-10:00pm	8 weeks	Make a Roman blind suitable for your window in our Roman blind workshop.
Th7		CREATIVE WRITING	January 22nd	Thursday	€120	6:30-8:30pm	8 weeks	An introductory programme for aspiring writers who wish to develop skills, confidence and creativity in fiction, poetry or memoir writing through guided group and individual work.

HOW TO BOOK A CLASS

Online: <https://www.crescentsj.com/adult-education/>

By Post: Cheques made payable to "Crescent on-going Education"

By Phone: 085 1413757

GENERAL INFO:

- Class numbers are limited to ensure a high standard of tuition and student safety.
- Students must bring their own equipment and materials to class as instructed.
- All class times include a scheduled cleaning time of ten minutes.
- Minimum numbers are required to form all classes.
- **Once enrolled arrive for class as advertised. We only contact you if classes are cancelled.**
- **There will be no classes on Bank Holidays.**
- Fees are payable in full on enrolment.
- **Fees are non-refundable except when classes are cancelled.**
- Crescent College Comprehensive SJ does not accept responsibility for property damaged or mislaid on the premises.
- The minimum age for courses is 16 years.
- When signing up for classes please indicate if you wish your details to be added to our database.
- We will only use your details to contact you about courses.
- You may unsubscribe from our database anytime by informing us in writing.
- Smoking is not permitted on school premises and grounds surrounding it.
- E&OE

FACILITY HIRE

Classrooms
Computer rooms
Sports Facilities

CONTACT

Cliona Gleeson
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Email: adulted1@crescentsj.com